

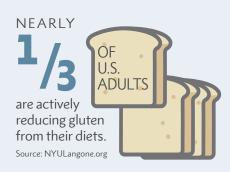
# Gluten-free All Purpose 1-to-1 Flour



## Ardent Mills Gluten-free All Purpose 1-to-1 Flour



Gluten-free Food Trends







Gluten-free foods have surged in popularity as many consumers try to reduce the amount of gluten in their diets while seeking out great flavor. We've made creating delicious gluten-free foods simple, with an easy-to-use, gluten-free all-purpose 1-to-1 flour that eliminates the challenge of recipe conversions. Swap out your traditional flour, cup for cup, with a gluten-free equivalent that is:

- Available in convenient sizes
- A simple way to create great-tasting cooked foods and baked goods

#### PACKAGING OPTIONS

- 5-lb. stand-up resealable bags (Case of 6)
- (Case of 6)25-lb. bags

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#### CERTIFICATIONS



#### • An easy-to-use substitute to traditional flour

- Non-GMO
- Vegan

#### ADDITIONAL GLUTEN-FREE FLOURS

Ardent Mills has a range of other gluten-free flours available as well:

- Pizza Flour
- Chickpea Flour
- Quinoa Flour
- Amaranth Flour
- Millet Flour
- Sorghum Flour
- Teff Flour (Brown and Ivory)

#### GLUTEN-FREE ALL PURPOSE 1-TO-1 FLOUR INGREDIENT STATEMENT

White Rice, Potato Starch, Tapioca Starch, Whole Sorghum, Brown Rice, Organic Quinoa Flour, Xanthan Gum

### Gluten-free Banana Bread



Ardent Mills <sup>®</sup> Gluten-free		Granulated Sugar	2.14 kg
All Purpose 1-to-1 Flour	2.27 kg	Oil	822 g
Baking Soda	2.27 kg 55 g	Eggs (approximately 1 1 eggs)	581 g
Salt	55 g	(approximately 1 1 eggs) Vanilla Extract	55 g
Bananas,Ripe (approximately 35 banana	3.47 kg	Walnuts, Chopped	712 g

Preheat a conventional oven to 350°F. Grease 10 9-by-5-inch loaf pans and set aside. In a bowl, mix together flour, baking soda and salt. Set aside. Add bananas, sugar, oil, eggs and vanilla to a stand mixer bowl and mix with the paddle attachment on speed 2 for 1 minute. Add the dry ingredients you set aside to the stand mixer bowl. Mix on speed 2 for about 30 seconds. Scrape down the sides of the bowl. Add walnuts and mix on speed 2 for 30 seconds, or until batter is well mixed. Do not overmix.

Pour mixture into pre-greased loaf pans about 2/3 full. Bake for approximately 60 minutes, or until a toothpick inserted into the center of the bread comes out clean. (Desired internal temperature should be around 200°F.) Cool for 1 hour before removing from pans and slicing.

Yield: 10 loaves

Recipe Allergens: Egg and Tree Nuts

Ardent Mills is committed to transforming how the world is nourished. As the premier flour-milling and ingredient company, we cultivate the future of plant-based solutions to help our customers and communities thrive.

For sales inquiries or to request a sample, contact us at (888) 680-0013 or visit ardentmills.com/contact-us/.



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